

5 Ideas for Families during Ordinary Times

1) Focus on Christ's Life

- read the [daily Gospel](#)

2) Learn about the lives of saints

- begin a family tradition of reading the stories of the saints

- [Celebrating Canadian Saints](#) from CCCB

3) Try new family prayers and devotions

June - Sacred Heart

July - Precious Blood of Our Lord

August - Blessed Sacrament

September - Seven Sorrows of Mary

October - Rosary

November - All Souls in Purgatory

Faith

4) Go to confession

[Examination of Conscience for Kids](#)

5) Celebrate the Eucharist

We become one body in Christ

